

Proctor Hospital is providing screenings at the CIAHU Conference

Para-dice Hotel and Casino - East Peoria, IL

**Tuesday, March 3, 2009
7:30 a.m. to 10:00 a.m.**

Lipid Profile:

This is a venipuncture blood test that measures total cholesterol, HDL, LDL and triglycerides. A 12-hour fast is required for this screening. (Fasting means no food or drink. You may have water and decaf coffee without cream.)



PSA (Prostate-Specific Antigen):

Helps to detect prostate gland enlargement or prostate cancer. Should be tested annually at age 50 and at age 45 for high risk individuals (family history of problems or African-Americans).



Osteoporosis Heel Screening:

Test performed to determine bone mineral content as a predictor of bone loss in the spine. Test done on BARE ankle (please don't wear pantyhose.) Recommended for women 50+, post-menopausal women, those with a thyroid condition, or family history of osteoporosis.



Blood Pressure:

Measures blood vessel resistance.



***All screenings are FREE to CIAHU Expo Attendees.
No appointment necessary and screenings will be done on a
first come – first serve basis.***

